MEDICINA

Rol del Terapeuta Ocupacional en tratamiento de niños con delirium hospitalario infantil en unidades hospitalarias de chile

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In recent years, worldwide, there has been an increase in cases of children who develop Delirium Hospitalario Infantil (DHI) in different hospital units. Therefore, there have been research with the aim of diagnose this condition, although without adequate evidence to substantiate and sustain occupational therapy to attend children with delirium.

In Chile, there are not studies in the pediatric area, however, there are evidence that validate the Occupational Therapy attend in elderly people, which provides a precedent to effectiveness of this treatment in hospital delirium. Thus, the objective of this study is to describe the role of occupational therapist in the treatment of the Hospital Infantile Delirium (HID) in hospital units of Chile.

This study is framed in a qualitative methodology, phenomenological with exploratorydescriptive scope. It has a total universe of 8 occupational therapist currently working in pediatric hospital units and who have addressed cases of children with HID, professionals who had to answer questionnaires, in-depth interviews or expert interviews, in order to triangulate the results obtained for the achievement of the objective.

Through this study, occupational therapist who work in the area are invited to systematize their experiences, in order to generate intervention protocols for an underdiagnosed health condition in pediatric population, and it is critical to approach them in an interdisciplinary manner, to promote a minor impact hospitalization on the normal development of these children.